



The Wiangaree Wire

Wednesday 5th June 2013

Week 6

Term 2

Jump Rope for Heart

This Friday 7th June, students at Wiangaree PS will be celebrating the 30th anniversary of Jump Rope for Heart with a 'JUMP OFF' starting at 12 noon. All students will be participating in a variety of events throughout the 'JUMP OFF' including longest time skipping, best individual and group tricks and long rope jumping activities. Student sponsorship forms will need to be returned by this Friday for processing.

As an extra treat for the students, we have decided to have a 'RED Light/GREEN light' shared recess to enforce the healthy heart eating message promoted by Jump Rope for Heart. 'RED light' food is sometimes food. It could be food things like cupcakes or biscuits. 'GREEN light' food is healthy food. It could be food like fruit, carrot sticks and dip or veggie muffins. On Monday students choose either a red or a green card out of a hat and they will need to bring in a recess which reflects their card on Friday. Hopefully we should have a wonderful day!



Congratulations Mr Ashley and Mrs Vanessa Clarke on their recent wedding. Photo courteous of Mr Clarke.

Canberra Excursion

The Year 5/6 excursion to Canberra is quickly approaching and the senior students are excitedly counting down the days until they head off (less than 2 weeks now)! Thank you to parents for returning the information, medical and permission notes. We strongly recommend that you start going through the 'what to pack' note to ensure you have the appropriate warm clothing etc.

I received a photo from Thredbo last week which showed a lot of white, fluffy snow, so I very much hope it is still there when we visit. Also, thank you to those parents who have been sending in small amounts of money towards the overall cost of the excursion. Excursion costs will need to be paid in full by Friday 14th June. Please contact Mrs Carter in the office for an update of amounts owing.

IMPORTANT

- ***Reminder for all students to take 2 pairs of covered shoes (for snow or wet weather) - NO boot hire available at the snow.***
- ***Students need to bring a backpack for every day usage.***
- ***Students need to have in their carry-on bag (with them on the bus) their full school uniform which is required for the first morning which they will be changing into after breakfast ready for their Parliament House visit.***

COLOURSS Athletics

Athletics training for Wiangaree Public School students is now in full swing in readiness for the upcoming small schools athletics carnival to be held in Kyogle on Friday 21st June. Last week students learnt and practiced the disciplines of shot put and discus. They will be continuing to fine tune their athletics skills over the coming weeks, so that we can give the other COLOURSS schools a run for their money at the carnival! Go Wiangaree!

COLOURSS

'Communicating with your school community' workshop

Staff from Wiangaree Public School joined with our colleagues from the other COLOURSS schools on Tuesday 4th June for a workshop on how schools can improve their communication and promotion strategies with our communities. Kylie Wilkinson, The DEC North Coast Regional Promotions Officer, lead the workshop and helped us to review of current promotion strategies. She also gave us some practical ideas on how to positively promote the educational benefits of our wonderful local small schools!

Touch Football Gala Day

On Thursday 27th June, all students k-6 will be travelling over to Woodenbong to participate in the Small Schools PSSA Touch Football Gala day with Rukenvale and Old Bonalbo schools. Our students have been training hard perfecting their passing and dodging for the upcoming competition and learning the rules and tactics has been lots of fun too! Transport will be provided by parents. More information will be in the next newsletter.

Wiangaree School Website

Please visit the Wiangaree Public School website from time to time. We are constantly updating the site with upcoming events, photos and newsletters, so it is a good place to keep track of activities at the school.
<http://www.wiangaree-p.schools.nsw.edu.au/home>

School Leader Report

Two weeks ago, the Wiangaree Public School SRC had a successful fundraiser for the year 5/6 students going to Canberra. We did a meal deal and raised \$65! We would like to thank Wendy A. for helping with the cooking and Mrs Grove for doing the shopping. The Year 5/6 students enjoyed cooking the spaghetti bolognaise. I am sure the Year 5/6 students are looking forward to going to Canberra and all of the many activities we are going to do there. *Brice*

Immunisation

There has been a lot in the media recently about immunisation in our current Australian society. *Myths and Realities* is a new resource for immunisation providers to help answer patients' questions and concerns about immunisation. The next visit you and your child have with your Doctor, we strongly advise you to discuss any concerns or questions you have around immunisation and review your child's immunisation history. If your child was ever to be diagnosed with an infectious disease, it is important to notify the school so appropriate warnings and action can be taken. Attached is the current NSW Immunisation schedule to assist you in tracking what immunisations your child requires.

Week 6 Certificates.

Congratulations to: -

William – Good friend award

Trent – Good helper award

Tyson- Writing award

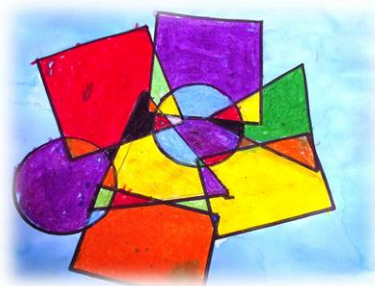
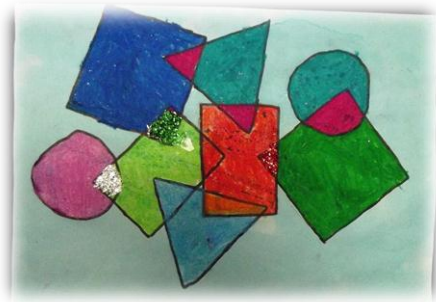
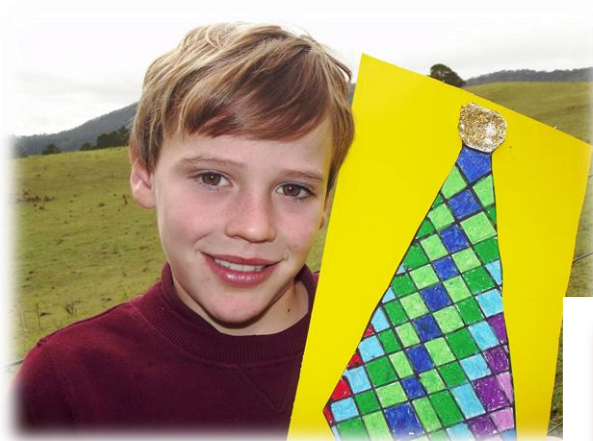
Micheal - Maths award



NSW Immunisation Schedule

<http://www.health.nsw.gov.au/immunisation/Pages/schedule.aspx>

AGE	DISEASE	VACCINE
CHILDHOOD VACCINES		
Birth (Maternity units)	Hepatitis B	H-B-VAX II (babies before 8 days of age)
2 months (all vaccines may be given as early as 6 weeks)	Diphtheria, Tetanus, Pertussis, <i>Haemophilus influenzae type B</i> (Hib) Hepatitis B Polio Pneumococcal Rotavirus	} } INFANRIX HEXA } PREVENAR 13 ROTARIX
4 months	Diphtheria, Tetanus, Pertussis, <i>Haemophilus influenzae type B</i> (Hib) Hepatitis B Polio Pneumococcal Rotavirus	} } INFANRIX HEXA } PREVENAR 13 ROTARIX
6 months	Diphtheria, Tetanus, Pertussis, <i>Haemophilus influenzae type B</i> (Hib) Hepatitis B Polio Pneumococcal	} } INFANRIX HEXA } PREVENAR 13
12 months*	Measles, Mumps, Rubella, <i>Haemophilus influenzae type B</i> (Hib) Meningococcal C	PRIORIX HIBERIX MENINGITEC
18 months	Varicella (Chicken pox)	VARILRIX
4 years* (all vaccines may be given as early as 3½ years)	Diphtheria, Tetanus, Pertussis, Polio Measles, Mumps, Rubella	INFANRIX-IPV PRIORIX
ADOLESCENT VACCINES (School-Based Program)		
Year 7	Human Papillomavirus Diphtheria, Tetanus, Pertussis	GARDASIL BOOSTRIX



How to keep your body clean

Keeping your body clean is always good to do.

You should have clean clothes every day. You should brush your teeth twice a day in the morning and at night so your teeth don't go rotten. Have you had a shower today?

I strongly believe that you should keep your body clean all the time to prevent infection.

Ebony Baldwin

3/06/2013



How to keep my body clean

You keep your body clean by using soap and water.

Don't roll in mud, have a bath, use hand sanitiser, eat vegetables and brush your hair.

That's how you keep your body clean.

By Ryan Blackburn

03/06/2013

